

Disaster Supplies Checklist

The following list is to help you determine what to include in your disaster supplies kit that will meet your family's needs. Please remember infants, family members with special needs and or disabilities.

First Aid Supplies

Supplies	Home (√)	Vehicle (√)	Work (√)
Adhesive bandages, various sizes			
5" x 9" sterile dressing			
Conforming roller gauze bandage			
Triangular bandages			
3" x 3" sterile gauze pads			
4" x 4" sterile gauze pads			
Roll 3" cohesive bandage			
Germicidal hand wipes or waterless, alcohol-based hand sanitizer			
Antiseptic wipes			
Box large medical grade, non-latex gloves			
Tongues depressor blades			
Adhesive tape 2" width			
Antibacterial ointment			
Cold pack			
2 pairs scissors (small, personal)			
Tweezers			
Assorted sizes safety pins			
Alcohol and peroxide			
Cotton balls			
Thermometer			
Tube of petroleum jelly or other lubricant			
Sunscreen			
CPR breathing barrier			
First aid manual			

Non-Prescription and Prescription Medicine Kit Supplies

Supplies	Home (√)	Vehicle (√)	Work (√)
Aspirin and non-aspirin pain reliever			
Anti-diarrhea medication			
Antacid (for stomach upset)			
Laxative			
Vitamins			
Prescriptions			
Extra eyeglasses/contact lenses			

Food and Water

Supplies	Home (√)	Vehicle (√)	Work (√)
Water (3 day supply per person)			
Ready-to-eat meats, fruits, and vegetables			
Canned or boxed juices, milk, and soup			
High-energy foods such as peanut butter, jelly, crackers, granola bars, and trail mix			
Special foods for infants			
Cookies, hard candy			
Instant coffee			
Cereals			
Powdered milk			

For Baby

Item	(√)
Canned or powdered formula	
Diapers and wipes	
Bottles and nipples	
Medications and ointments	

Sanitation and Hygiene Supplies

Item	(√)	Item	(√)
Washcloths and towels		Heavy-duty plastic garbage bags and ties for personal sanitation uses and toilet paper	
Towelettes, soap, hand sanitizer		Medium-sized plastic bucket with tight lid	
Tooth paste, toothbrushes		Disinfectant and household chlorine bleach (16 drops of bleach will disinfect a gallon of water)	
Shampoo, comb, and brush		Small shovel for digging a latrine	
Deodorants		Toilet paper	
Razor, shaving cream		Lip balm, insect repellent	
Contact lens solution		Mirror	
Feminine supplies			

Communications

Telephone lines may still be operational even if the power goes out. There is a possibility that portable phones will not work without electricity, therefore, keep one non-portable in your home for emergency situations. Cellular and digital phone systems may even be operational without electricity. Make sure you have fully charged backup batteries available. Plan for the situation that **all telephones** will not be working in the event of a major disaster.

Equipment and Tools

Tools	(√)	Kitchen Items	(√)
Portable, battery-powered radio or television and extra batteries		Manual can opener	
NOAA Weather Radio, if appropriate for your area		Mess kits or paper cups, plates, and plastic utensils	
Flashlight and extra batteries or wind flashlight		All-purpose knife	
Signal flare		Household liquid bleach to treat drinking water	
Matches in a waterproof container (or waterproof matches & lighter)		Sugar, salt, pepper	
Shut-off wrench, pliers, shovel and other tools		Aluminum foil and plastic wrap	
Duct tape and scissors		Re-sealable plastic bags	
Plastic sheeting		Small cooking stove and a can of cooking fuel (if food must be cooked)	
Whistle			
Small canister, ABC-type fire extinguisher		Comfort Items	
Tube tent		Games	
Compass		Cards	
Work gloves		Books	
Compass and map of area		Toys	
Pliers, shut-off wrench		Foods	
Paper, pens, and pencils			
Needles and thread			
Battery-operated alarm travel clock			
Candles, battery operated lamps, lanterns and lantern fuel			
Battery operated smoke alarm			
Medicine dropper			
Battery operated Carbon Monoxide Detector			

Clothes and Bedding Supplies per person

Item	(√)	(√)	(√)	(√)
Complete changes of clothes				
Sturdy shoes or boots				
Rain gear				
Hat, gloves, and scarf (if necessary)				
Extra socks				
Extra underwear				
Thermal underwear				
Sunglasses				
Blankets/sleeping bags and pillows				

Documents and Keys

Make sure these items are kept in a watertight container

Item	Stored (✓)
Personal Identification	
Cash or travelers checks, and coins	
Credit cards	
Extra set of house and car keys	
Names and description of any pets	
Copies of the following:	
• Birth certificate	
• Marriage certificate	
• Divorce decrees	
• Driver's license	
• Social Security cards	
• Passports	
• Wills	
• Deeds	
• Inventory of household goods	
• Immunization records	
• Bank and credit card addresses and account numbers	
• Stocks and bonds	
• Retirement accounts name, address and phone numbers	
• Citizenship papers	
• State and Federal Tax records	
• Car title and registration	
• Automobile insurance policy	
• Health insurance information	
• Health records for each family member	
• List of medication needed by family members	
• List of special needs for any family member	
• Life insurance policies	
• Fire, homeowners, and renters insurance policies	
• Adoption papers (if necessary)	
• Veterinarian's name, address, and phone number	
Emergency contact list and phone numbers	
Map of the area and phone numbers of places you could go	
Emergency Preparedness Manual	

Pets

Be sure to have extra food and water for your pets in your preparedness plans.